

# CELEBRATION OF SOULFUL HEALING



## FIRST UNITED METHODIST CHURCH

Sunday, February 7, 2010

1 p.m. to 6:30 p.m.

## CELEBRATION SCHEDULE

1:00 to 1:30 Registration

1:30 to 5:30 Workshops

5:30 to 6:30 Taize Service

Come for all or part of the afternoon

Ages 12 to Adult - \$5 fee

## WORKSHOPS FOR ADULTS AND YOUTH

- A Course in Miracles
- Enneagram
- Pendulum
- Belly Dancing
- Healing Touch
- Reiki
- Body Prayer
- Journaling
- Sacred Dance
- Cedar Flutes
- Labyrinth
- Self Hypnosis
- Centering Prayer
- Life Coaching
- Small Group Process
- Crystal Bowls
- Mandalas
- Sonic Meditation
- Dream Work
- Memoir Writing
- Yoga
- Drumming

## FREE WORKSHOPS FOR CHILDREN 5-11

Mandalas – Labyrinth – Healing in the Outdoors – Body Prayer

## DISPLAYS

Teddy Bear Hollow – Knitting into the Mystery – Centering Corp  
Stephen Ministries – First United Methodist Church – Tea Smith  
CHAMPS – Massage – Camp Fontenelle – Flower Essences  
Mandala Display – Visionspire Affirmation Cards

**Soul Desires Bookstore** will have related books for sale during the afternoon.

**FREE Childcare** will be available during the entire event.

7020 Cass Street, Omaha  
[www.fumcomaha.org](http://www.fumcomaha.org)



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