

Special Notice to HealthFlex Participants

The Internal Revenue Service (IRS) Allows Reimbursement for Certain Over the Counter Drugs

Medical Reimbursement Account (MRA) participants can seek reimbursement for certain Over the Counter (OTC) medicines and drugs used for the treatment of an illness or injury.

What is reimbursable?

According to the IRS ruling, OTC medicines and drugs that are used for diagnosis, cure, mitigation, treatment or prevention of disease, or for the purpose of affecting any structure or function of the body are reimbursable. This may include, but is not limited to, items such as the following:

- Topical creams and lotions for: itching, stinging, burning, pain relief, sore healing and insect bites
- Ibuprofen, acetaminophen, aspirin
- Migraine remedies
- Cold remedies
- Cough syrups and drops
- Nasal sprays
- Allergy products
- Laxatives
- Antacid relievers
- Sleep aids
- Athlete's foot remedies

Participants should consider eligible OTC expenses that might be incurred during the 2008 plan year when electing their MRA amount for 2008 HealthFlex Annual Health Benefits elections.

What is not reimbursable?

Items used to promote the general good health of an individual or which are not medicines or drugs are not reimbursable. This includes, but is not limited to the following:

- Toiletries: shampoo, toothpaste, conditioners, hand creams, deodorant, shaving cream, razors, dental floss, hair gels/spray, body powders, make-up, nail polish accessories, soap, mouthwash, etc.
- Multi-vitamins taken for general usage

Proof of purchase required to be submitted for reimbursement

Itemized receipts including the specific drug name and cost will help speed the processing of your claim; otherwise, it may be difficult, if not impossible, to prove your purchase was for an eligible OTC item. If the receipt does not allow clear identification of OTC drug costs, your Flexible Spending Account (FSA) administrator will accept receipts showing a UPC or other code that can be linked to the product packaging if that packaging is included with the claim. For example, if the receipt lists UPC code 1234567, you may submit any single portion of the packaging if that packaging displays UPC code 1234567 and the product name. Of course, any claim for reimbursement should be submitted along with the proper MRA reimbursement form.

Who to contact with questions about OTC claims

If you have questions about OTC reimbursable items, you may call **Ceridian at 877-799-8820**. For other HealthFlex questions, you may call the **Health Team at 1-800-851-2201**.

The information in this publication is provided for information purposes only. The actual terms and conditions of the MRA are contained in the HealthFlex program documents (Documents). If there is a conflict between the information in this publication and the Documents, the Documents will govern.